

Experts by Experience Volunteer Feedback

People First volunteers talked to us about volunteering experiences.

We asked them how volunteering had made them feel when they had volunteered before.



- Part of the team
- Respected
- Valued
- Welcome



- Not trusted
- Not appreciated
- Bored
- Unhelpful

We asked volunteers what organisations could do to make volunteering enjoyable for them They said:



- Be helpful and supportive
- Show volunteers how to do tasks
- Give volunteers a Buddy
- Meet in person
- Give help filling in paperwork
- Be encouraging



- Don't talk over someone
- Don't talk about someone
- Don't give written lists of tasks

We hope organisations will use this information to make volunteering great for people with Learning Disabilities.

